

Home Care for Provisional (temporary) Crown(s)

- 1) You have just had a provisional restoration placed in your mouth over a tooth that has been prepared by your dentist for a permanent restoration. This provisional is protecting your tooth and maintaining the space for the final restoration. You will need to give it special attention to **make sure the provisional remains in place** until the final restoration is cemented.
- 2) Do not pull floss out back out the top/bottom after going in between your teeth. Glide floss gently in between your teeth and the temporary and then pull it out the side. The provisional was placed with temporary cement and may become dislodged if excess force is used.
- 3) If multiple teeth are involved, then there may not be a space between the provisionals to insert the floss. You will then need to use a floss threader or Soft Pick® to get under the temporary. Be careful not to pull the floss out up/down, but out to the side. You can also use Superfloss® by Oral B that has a thicker section for cleaning under the restoration.
- 4) Avoid sticky foods and candy as this may also dislodge the provisional.
- 5) Your gums may be sore from the impression procedure, but will heal in a couple of days. You may rinse with warm salt water once or twice a day to alleviate discomfort and promote healing (1/4 teaspoon salt in 8 oz water).
- 6) **Call our office if the provisional (temporary) comes loose (even just a little loose) or out so that it can be re-cemented.**
- 7) **Call if the bite feels “high” or off on the temporary/provisional so that we can adjust it.** The tooth will become more sensitive if subjected to excessive forces (pounding).