

Removable Denture Care

Proper care of your removable denture will ensure long-term tissue health and use of your appliance. Dentures will collect bacteria and calculus/tartar if not kept clean and can negatively impact your gums, causing irritation or infection.

“DOs”

- Rinse your dentures and/or your mouth after meals to prevent food trapping. Brush your dentures with a soft brush and a mild detergent (dish soap) and then store in water or Polident overnight
- Bring your denture to every appointment for deep cleaning and evaluation
- Always fill the sink with water or place a towel down when handling your denture(s) to prevent breakage if they slip from your hand
- If denture adhesive is needed, please follow manufacturer’s instructions
- Call our office if you have any sore spots and wear the denture for 1-2 days prior to the appointment so that your dentist can see where adjustments need to be made
- Come in every 6 months or more for a periodic exam to ensure proper fit and tissue health

“DO NOTs” for dentures

- DO NOT SLEEP with your denture(s) unless specifically directed to do so by your dentist
- DO NOT USE TOOTHPASTE to clean your denture(s). It is too abrasive and will scratch the surface
- DO NOT BOIL, place in chemicals, put in dishwasher, or clean with any non-approved product
- DO NOT WRAP in tissues or paper towels, as this may cause you to accidentally throw your appliance away